

nursing 2

by Nursing2 Nusing 2

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Alzheimer's Disease

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The case study is about a patient called Mr. Akkad, 76 years old, diagnosed with a major neurocognitive disorder which is brought about due to Alzheimer's disease. His son has accompanied Mr. Akkad due to his strange behavior. All the laboratory and the diagnostic imaging tests, which even included the CT test on the head, were normal. Mr. Akkad, as said by his son is that he has been demonstrating strange behaviors and thoughts for the past two years, but he is recently getting worse. He is experiencing amusement and ridicule where he has lost interest in the religious activities and interest with the family and has become more critical with everyone. The decisions which I took for the patient are to begin taking the Exelon(rivastigmine) 1.5mg BID with an increase to 3mg orally BID in two weeks. The Exelon will be increased to 4.5 according to the results obtained in the first prescription and later on whether to maintain the current dose of Exelon, which will be made from the obtained results from the previously administered drugs.

The decisions I provided were supported by the evidenced-based literature in that when the patient began using Exelon, which was orally 1.5 BID with an increase to 3mg in 2 weeks, there is no change on the patient, and the MMSE IS administered again; Mr. Akkad still scores 18 out of 30. With the decision to increase Exelon to 4.5 mg orally BID after two weeks, the patient responds positively to the medicine, tolerates the medication, and is now attending religious services (Folstein M F, 2002). The family is happy about but is easily amused by the things he once considered to be serious. The third decision is based on maintaining the current dose of the Exelon as the patient is reporting no side effects and is participating in important family life like religious activities. This shows that the patient has improved in a great way.

What I was hoping to achieve with the decision I recommended to the patient is for the patient to administer the Exelon medication in small quantities and to increase. The doses are administered to be taken orally with the required amount of the dosage which the effects are positively increasing with time.

In the first decision, I expected that the patient's condition would improve slightly within four weeks. Still, the results in the exercise are different as the patient shows no sign of improvement. The patient improves when the quantity of Exelon is increased, but he experiences a few side effects (Dubois, 2019). The patient can participate in religious activities and family issues. The effects which took place in the administering of the second dose of Exelon were not different from the results which are in the exercise.

References

Dubois, G. S. (2019). A review of compliance to treatment in Alzheimer's disease; potential benefits of a transdermal patch. *Current medical research and opinion*, 2705-2713.

Folstein M F, F. S. (2002). Mini-Mental State Examination. *Psychological Assessment Resource*.

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